Boys Winter Track & Field 2018 - 2019

23 Varsity Letter Award Winners

Updated 12/8/2018

9-Seniors	7-Juniors	7-Sophomores	-Freshmen
Amelemah	Adams	Louis	
Senica	Glasgow	Rebetti	
Johnston	Greenidge	Bejarano	
Standwill	O'Connell	E.Sanchez	
Aleaga	Anderson	F.Sanchez	
Almberg	Fiorillo	Epp	
Portera	Roman	A.Healy	
Buschle			
Archer			

To earn a Varsity letter an athlete needs to be in good standing with the school and the team, be available to compete at the Varsity League Championships and achieve the following results:

Running Events		Field Events
55m Dash: 7.50	800m Relay: 2:09.0	Long Jump: 17'6"
55m HH: 9.24	1000m Run: 2:57.5	Triple Jump: 37' 6"
200m Relay: 26.24	1600m Run: 4:55	High Jump: 5' 2"
300m Dash: 42.25	3200m Run: 10:45	Pole Vault: 8'6"
400m Relay: 58.0		Shot Put 12lb: 36'
600m Run: 1:38		Shot Put 8lb: 33'

***Frosh/Soph who medal at their league champs will earn a varsity letter**

***Athletes that are VERY close can be added at the coaches discretion**

All others will earn a lower level Award (JV or Freshmen)