

# NSCHSAA Boys and Girls Freshmen and Sophomore Championships

Monday 1/16/2023 at St. Anthony's HS

ALL ARRIVE BY 9:00am – hoping to be done around 2:30pm

ALL Must Stay until the end – we will have a team meeting and hand out medals

Boys 3200: Fr/soph together followed by Girls 3000

Boys Soph then Frosh 55m Dash: Trials – Followed by Fr-Sp Girls

Rivera	Alma	Chong	Gordon	Guirand	Murphy	Sedita	Perez	Rodriguez	Theison
7.22PR	9.30	9.09PR	9.28PR	8.99 PR	9.06 PR	10.56	9.19PR	9.17	10.73PR
Finals									

Boys Soph then Frosh 1000m Run: - Followed by Girls

	Ryan			
	3:28 3 <sup>rd</sup> Place			

Boys Soph then Frosh 55mHH: followed by Girls

	DiLegge			
	10.57 PR FIRST PLACE			

55m Dash: Finals

Rivera				
7.29 5 <sup>th</sup> Place				

Boys Soph then Frosh 600m Run: Followed by Girls

	Miller	Quinn	
	1:46.30 PR 4 <sup>th</sup> Place	2:10	

Boys Soph then Frosh 1600m Run: Followed by Girls 1500m

Devito			
5:18 PR 3 <sup>rd</sup> Place			

Boys Soph then Frosh 300m Dash: Followed by Girls

Contreras	Jones	Rivera	Healy	Ardito	Fleetwood	Ronnessi
No Show?	43.28	39.92 PR	48.43 PR	51.44 PR	43.53 PR	44.43 PR

Slattery	Isnardi	Espinal	Guirand	Waters	Alma	Perez
45.55 3 <sup>rd</sup> Place	49.05	50.13	53.78	52.64	55.04	53.05 PR

4x800m Relay: Soph boys followed by frosh boys followed by girls

4x400m Relay: Soph boys followed by frosh boys followed by girls

4x200m Relay: Soph boys followed by frosh boys followed by girls

DiLegge	Ronnessi	Fleetwood	Miller	
27.5	27.0 PR	26.9 PR	28.4 PR	1:50 2 <sup>nd</sup> Place

Espinal	Isnardi	Waters	Slattery	
30.9	29.4	32.1	29.2	2:01 4 <sup>th</sup> Place

Murphy	Ryan	Quinn	Rodriguez	
33.0	30.7 PR	34.0	35.2 PR	2:13

Chong	Gordan	Guirand	Sedita
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33.5 PR	32.7 PR	36.3	40.1	2:22
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## Field Events

Boys Soph then Frosh SP: followed by Girls

	Ancipink	Green	Imperato	
	23'1" PR	22'5.5"	41'4.5"	

Girls HJ followed by Boys

	Healy
	4'10" PR FIRST PLACE

Boys Soph Long Jump followed by Frosh: Followed by Girls (4 jumps no finals) TJ after

	DiLegge	Ronessi		Slattery	Waters	Gordan
	14'7	15'1		14'3	12'4	10'6

Boys Soph Triple Jump – followed by boys frosh TJ – Followed by Girls TJ

		Theisen	
		23'8 3 <sup>rd</sup> Place	

Girls Pole Vault followed by Boys: