

St. Anthony's Boys Developmental #3 – January 7, 2023

55m Hurdles:

Erb						
10.29						

3000m Run:

55m Dash:

Alexandre	ToussaintWarren	Espinal	Rodrigues	Sedita	Miller
8.47 PR	8.41	8.67 PR	8.94 PR	10.39 PR	9.19 PR

600m Run:

Quinn						
2:09 PR						

300m Dash:

Alexandre	Baloga	Cunningham	ToussaintWarren	Wanerka	Dale	Gonzalez
	57.5		49.08	46.96	47.22	50.8

Alma	Chong	Espinal	Isnardi	Murphy	Slattery	Theisen
54.0 PR	54.7 PR	50.5	47.66 PR	55.9 PR	45.55 PR	62.1 PR

FRESHMEN

	Erb		Perez	Gordan	Guirand
	47.93		53.9 PR	57.74	49.26 PR

1000m Run:

Ryan						
3:25.68						

1500m Run:

Hamel						
5:28.94						

SMR

FIELD EVENTS:

Weight Throw

Shot Put: 3 throws no finals

High Jump: 3'9 opening

Franco-Sierra		Franco-Sierra	Hernandez		Wanerka	Erb
27'3		DNT	16'10		4'8	4'3