

Girls Winter Track & Field 2018 - 2019

26 Varsity Letter Award Winners

Updated 12/8/18

17-Seniors	4-Juniors	5-Sophomores	-Freshmen
Shelton	Rivenburgh	Eye	
Eustache	Isnardi	Magwood	
Dunphy	McCormack	Berrin	
Flareau	Kilker	Spezia	
Mingot		Pierre	
Scott			
Murray			
Antilus			
Green			
Pannell			
Flareau			
Mingot			
Calandra			
Haberfield			
Marcello			
Ryder			
Winslow			

To earn a Varsity Letter an athlete needs to be in good standing with the school and the team, be available to compete at the Varsity League Championships and achieve the following times/distances:

<u>Running Events</u>	<u>Field Events</u>
55m Dash: 8.24	Long Jump: 13'6"
55m HH: 11.00	Triple Jump: 32'
200m Relay: 30.0	High Jump: 4'2"
300m Dash: 50.50	Pole Vault: 7'
400m Relay: 68.75	Shot Put: 24'
600m Run: 1:50	
800m Relay: 2:37	
1000m Run: 3:35	
1500m Run: 5:35	
3000m Run: 11:55	

**Athletes that are VERY close can be added at the coaches' discretion*

**Frosh/Soph that score at their league champs will also earn a varsity letter*

All others will earn a lower level Award (JV or Freshmen)