

Girls Winter Track & Field 2022 – 2023

18 Varsity Letter Award Winners

FINAL LIST

7-Seniors	5-Juniors	6-Sophomores	-Freshmen
Wanerka	Dale	Slattery	
Toussaint-Warren	Erb	Ryan	
Hamel	Fanco-Sierra	Espinal	
Cunningham	Gonzalez	Waters	
		Isnardi	
Alexandre	Miller	Mansfield	
Baloga			
Hernandez			

To earn a varsity letter an athlete needs to be in good standing with the school and the team, be available and compete at the Varsity League Championships and achieve the following results:

<u>Running Events</u>		<u>Field Events</u>
55m Dash: 8.24	600m Run: 1:51	Long Jump: 13'6"
55m HH: 11.00	800m Run: 2:35	Triple Jump: 30'
200m Relay: 30.00	1000m Run: 3:30	High Jump: 4' 2"
300m Dash: 51.00	1500m Run: 5:37	Pole Vault: 7'
400m Relay: 70.0	3200m Run: 11:50	Shot Put: 23'

All others will earn a lower level Award (JV or Freshmen)