

Joe Brandi Relays 2022 at Connetquot High School
Friday 4/21/23 and Saturday 4/22/23
FRIDAY 4/21/22 Open Races – max of 4 athletes per team/event
Coaches Wood and Kearney-Wood

6:00pm Pentathlon Hurdles

6:10100m Hurdle: Trials Arrive by 5:20pm and Warm up

Alexandre	Erb		
21.77	17.57 PR 7th Place		

6:25 1500m Run: arrive by 5:40pm and warm up

Ryan	Hamel		
5:37	5:49		

6:40 100m Dash: Trials arrive by 5:40pm

Toussaint-Warren	Gonzales	Isnardi	Anazagasty-Pursoo
13.50	14.10 PR	13.44 Finals	13.67 PR

7:00 1500m Racewalk

7:15 400m Dash: arrive by 6:00pm

Cunningham	Wanerka	Dale	Slattery
70.84	64.36 5th Place	63.35 PR 3rd Place	67.08

7:30 100m Hurdles: FINALS

7:40 100m Dash: FINALS

Isnardi			
13.35 PR 7th Place			

7:45 800m Run: arrive by

8:00 3000m Run: arrive by

8:15 200m Dash:

SATURDAY APRIL 22, 2023

Coaches Taylor, Ellen and Joe will be supervising their events at this meet

FIELD EVENT RELAYS ONLY For SJB Today

9:30 2xLong Jump Relay arrive by 8:45am

Matthieu	Gordon	TOTAL	Gordan will use DiCastanzo'a Sticker	
12'5	11'7.5			

TBA 2xTriple Jump Relay: arrive by 10:00am

Slattery	Gonzalez	TOTAL	Diedonne	Quinn	TOTAL
29'6	28'		25'11	22'6	

9:30 2xHigh Jump Relay arrive by 8:45am

Wanerka	Erb	TOTAL	K.Hamel	AP	TOTAL
4'8	4'2		4'6	4'	

9:30 2xShot Put Relay but Pentathlon shot put first

Franco-Sierra	Mansfield	TOTAL	Moran	Hernandez	TOTAL
24'9.5 PR	16'7.5 PR		19'11.5	15'6.5	

9:30 2xDiscus Relay arrive by 8:45am (Schools M-Z will throw shot first and disc 2nd)

Franco-Sierra	Mansfield	TOTAL	Moran	Hernandez	TOTAL
74'10	45'6 PR		28'10	28'2	