



## SJB Boys Spring Track & Field Records as of 10/20/21

### 100 Meter Dash:

**10.5 Jake Rachiele '08**

Frosh Record: 10.9 Jake Rachiele '06 - Soph Record: 10.8 Jake Rachiele '07

### 110 Meter High Hurdles:

**14.66 Elijah Pardo '10**

Frosh Record 16.2 Joe Micheels '07 - Soph Record 15.96 LaQuann Martinez '10

### 200 Meter Dash:

**21.78 Jake Rachiele '09**

Frosh Record 23.2 John Selle '10 - Soph Record 22.5 Jake Rachiele '07

### 400 Meter Dash:

**49.10 Danny Harris '06**

Frosh Record: 51.91 Dylan Kort '12 - Soph Record **51.0 Fernando Sanchez '19**

### 400 Meter Intermediate Hurdles:

**53.8 Mike Murphy '76**

Frosh Record 58.77 Joe Micheels '07 - Soph Record 58.45 Joe Micheels '08 - Woody's 54.81 F.Sanchez '21

### 800 Meter:

**1:55.08 Jeremy Schneider '13**

Frosh Record 2:06.5 Joe Micheels '07 - Soph Record **1:59.45 Fernando Sanchez '19**

### 1500 Meter:

**3:52.6 Mike O'Connor '86**

Frosh Record 4:36.71 Paolo Fiore - Soph Record 4:18.5 Mike Petrina - Woody's 4:11.3 Petrina '02

### 1600 Meter: + One Mile:

**4:08.7 Mike O'Connor '86 + 4:10.19 Mike O'Connor '86**

Frosh Record **4:42.63 Patrick Fiorillo '17** - Soph Record 4:30.9 Mike Petrina '01 - Woody's 4:18.09 Ferguson '12

### 2000 Meter:

**5:23.30 Mike O'Connor '86**

### 3000 Meter:

**8:23.2 Mike O'Connor**

### 3200 Meter: + 2 Mile:

**9:03.6 Mike O'Connor + 9:06.82 Mike O'Connor '86**

Frosh Record **10:25.17 Patrick Fiorillo '17** - Soph Record 9:56 Mike Petrina '01 - Woody's 9:27.70 Fiore '13

### 2000 Meter Steeplechase:

**6:15.28 Patrick Kain '16**

Frosh Record 6:48.70 Patrick Kain '15 - Soph Record 6:15.28 Patrick Kain '16

### 3000 Meter Steeplechase:

**9:26.2 Lloyd Gellineau '81**

Frosh Record: 10:21 Patrick Kain '15 - Soph Record 9:34 Patrick Kain '16 - Woody's 9:34 Kain '16

**5000 Meter: 15:07.7 Mike O'Connor '86**



**Hammer:**

**166'11" Simon Cleary '08**

**Shot Put:**

**52'11 3/4" John Sullivan '74 + Oscar Frisby 52' 11.25" '14**

Frosh Record (8lb) 41'10" Derrick McMichael '08 - Soph Record 47'1" Oscar Frisby

**Discus:**

**156'11" John Krumpelbeck '71**

Frosh Record 116' 10.5" Simon Cleary '06 – Soph Record 127'10" Simon Cleary '07 - Woody's 146'4" Frisby '14

**Javelin:**

**133'7" Carey Adams '11**

Frosh Record 105'2" Simon Cleary '07 - Soph Record 123'3" Simon Cleary '07

**Long Jump:**

**24' 3.75" Tom Thompson '92**

Frosh Record 18'8.5" John Selle '10 - Soph Record 20'4.5" Setiu Solomon '09 – Woody's: 21'10.25 Solomon '10

**High Jump:**

**7'2" Tom Thompson '93**

Frosh Record 5'8" Greg Mercado – Soph Record 6' Matt Perelli '8 - Woody's 6'4" Perrelli+Pitt '10

**Triple Jump:**

**46' 6 1/2" Amire Solomon '08**

Frosh Record 39'5.25" Setiu Solomon - Soph Record 44' 6.5" Setiu Solomon '09

**Pole Vault:**

**14' 6" Joe Schneider '75**

Frosh Record: 10 '6" Liam Berrin '15 - Soph Record 12' Liam Berrin '16 – Woody's 12'6 Sabarese '13

---

**Records in YARDS**

**100 Yard Dash:** 10.0 Dave Fitzgerald '70 + Mike Cuniglio '71

**120 Yard High Hurdles:** 14.3 Mike Murphy '75

**220 Yard Dash:** 22.2 Dan Hogan '70

**440 Yard Dash:** 50.2 Rick Van Bourgondien '71

**880 Yard Dash:** 1:54.8 Paul Reilly '70

**Relay Records run in YARDS**

**4x100 Yard Relay:** 44.6 Murphy- Rennard-Lambert-Hannigan '75

**4x440 Yard Relay:** 3:24.6 Hogan-Klapack-Van Bourgondien-Brad'70

**4x880 Yard Relay:** 7:52.6 Gerry Casell-Dave Raimondi-Jake Daly-Tom OMalley'73

**Distance Medley Relay (yrds):** 10:12.8 Haugh-LaGumina-Gardner-Fitzpatrick '75



## **Relay Team Records:**

**4x100 Meter: 42.46 J.Rachiele-M.DuPlessis-D.Locher-J.Seagraves '09**

Sophomore: 45.4 M.Fitzgerald-A.Ortiz-P.J.Conte-R.Ortiz '04  
Freshmen: 48.2 S.Mezzacappa-D.Kort-N.Fitzgerald-S.DeJesus '12

**4x200 Meter: 1:29.3 D.Locher-M.DuPlessis-A.Boyce-J.Rachiele '09**

Sophomore: 1:33.9 E.Pardo-J.Micheels-J.Hovanec-A.Boyce '08  
Freshmen: 1:40.88 T.Cisek-C.Rivera-A.Zigrosser-J.Selle '10

**4x400 Meter: 3:18.57 A.Ortiz-D.Harris-A.Jackson-M.Fitzgerald '06**

Sophomore: 3:28.05 P.Rowan-J.Selle-A.Zigrosser-J.Schneider '11  
Freshmen Class: 3:41.7 J.Rivera-J.Micheels-K.Grell-M.DuPlessis '07

**4x800 Meter: 7:37.93 B.Camenzuli-S.Ferguson-S.Solomon-H.Burrell '11**

Sophomore Class: 8:13.73 A.Zigrosser- P.Fiore-R.Challenor-J.Hamilton '11  
Freshman Class: 8:42.11 C.Welch-P.Fiore-T.Cisek-A.Zigrosser '10

**4x1600 Meter: 17:53.6 Haugh-Vasaturo-Dennis, Fitzpatrick'75**

Woody's 18:03.93 Zampariello-Fiore-Camenzuli-Ferguson '11  
Sophomore: 19:12.29 P.Fiore-R.Challenor-J.Hamilton-J.Morales '11  
Freshman: 21:00 P.DeMaio-T.Folan-D.Brown-W.Madden '14

**800 Medley Relay: (200-100-100-400)**

**1:35.10 R.Ortiz-A.Ortiz-M.Fitzgerald-D.Harris '05 + JR Class Record**

Sophomore: 1:39.3 E.Pardo-A.Boyce-J.Micheels-J.Hovanec '08  
Freshman: 1:43.4 M.DuPlessis-A.Boyce-D.Michel-J.Micheels '07

**1000m Swedish Relay: (100m-200m-300m-400m):  
1:58.6 K.Syffrard-J.Selle-P.Rowan-J.Schneider '13**

**MileMedleyRelay: (400-200-200-800)**

**3:35.2 J.Quartararo-D.Spencer-T.Bott-R.Boerjes'04**

Sophomore: 3:47 M.DuPlessis-A.Boyce-J.Hovanec-J.Micheels '08  
Freshman: 4:06 M.DuPlessis-A.Boyce-D.Michele-J.Micheels '07

**4000m Distance Medley Relay (DMR): (1200m-400m-800m-1600m)**

**10:14. M.Zampariello-H.Burrell-S.Solomon-B.Camenzuli '11**

Sophomore: 11:14.6 R.Hannigan-H.Gregg-D.Kort-S.Kildare '13  
Freshman: 12:04.82 T.Folan-L.Costa-D.Brown-P.DeMaio '14  
Frosh Modified DMR: (800-200-400-1600) 8:34.2 J.Micheels-K.Grell-M.DuPlessis-J.Rivera '07

**3x110mHH Shuttle Relay: 48.1 E.Pardo-T.Dulovic-P.Balling '09**

**4x110mHH Shuttle Relay: 64.3 E.Pardo-R.Baist-T.Dolivic-J.Micheels '08**

**3x400mIH Relay: 2:55.75 J.Micheels-A.Boyce-E.Pardo '10**