



SJB Boys Winter Track Records-Updated 1-7-2023

55 Meter Dash:

6.53 (6.3) Jake Rachiele 2009

Freshman: 6.6 (6.84) Jake Rachiele '06 – Sophomore: 6.4 (6.64) Jake Rachiele '07

55 Meter High Hurdles:

7.53 Elijah Pardo 2010

Freshman 9.34 Colby Macina '16 - Sophomore 8.40 Joe Micheeles '08

200 Meter Dash:

22.13 FAT Torshiro Jenkins 2007

Freshman **25.16** Patrick Moloney - Sophomore 23.81 Connor Tosun '16

300 Meter Dash:

34.97 Torshiro Jenkins 2007

Freshman: **37.25** Patrick Moloney '20 – Sophomore 36.96 Darrius Samples '10

400 Meter Dash:

50.67 Danny Harris 2005

Freshman: 56.30 Dylan Kort '12 – Sophomore: 53.81 Hunter Burrell '09

500 Meter Run:

68.9 Michael DuPlessis 2010

600 Meter:

1:21.16 Fernando Sanchez 2020

Freshman: 1:31.5 Fernando Sanchez 17-18 – Sophomore: 1:25.34 Fernando Sanchez 18-19

800 Meter:

1:55.95 Danny Harris 2006

Freshman: 2:14.10 Stephen Mercado '14 - Sophomore: 2:10.56 Joe Micheels '08

1000 Meter:

2:30.96 Brian Healy 2020

Frosh 2:50 Fernando Sanchez '18–Soph 2:41.47 Fernando Sanchez'19

1500 Meter:

3:58.93 Quinn 1983

Frosh – Soph – Woody 4:21.91 Chris Baum 02-03

One Mile: 4:15.6 Lloyd Gellineau 1981 - 1600Meter: 4:14 Lloyd Gellineau 1981

Frosh 4:49.26 Patrick Fiorillo 17 – Soph 4:37.48 Aidan Healy '16 Woody: 4:25.73 Fiorie(mile) + 4:24.61 Healy(1600)

3000 Meter:

8:29.58 Mike O'Connor 1986

Freshman - Sophomore: 9:24.22 Chris Tinti '14 – Woody: 8:53.9 Brandon Camenzuli '11

3200 Meter: 9:05.73 Mike O'Connor 1986 + 2 Miles: 9:08.92 Mike O'Connor 1986

Freshman 10:38.70 P.Fiorillo '17 - Sophomore 9:42.94 Patrick Kain '16 – Woody: 9:31.73 Brandon Camenzuli '11

Shot Put:

53' 2" Oscar Frisby 2015

Freshman (8lb) 42' 10" Joe Imperato '22 - Sophomore 42' 6" Oscar Frisby '13



Long Jump:

24' 6" Tom Thompson 1993

Freshman 19'2.5" Patrick Moloney '20 – Sophomore 22'1" Sichen (Kevin) Wang '17 – Woody 22'1" Wang '17

High Jump:

7' Tom Thompson 1993

Freshman 5'4" Laquan Martinez 08-09 – Sophomore 5'8 L.Martinez + C.Fitzgerald 04-05 – Woody 6'4 Perrelli '10

Triple Jump:

46' 9" Amire Solomon 2008

Freshman Patrick Moloney 36'5" – Sophomore 44'6" Sichen (Kevin) Wang 16-17

Pole Vault:

14' 8.75" Joe Schneider 1975

Freshman 8'6" Liam Berrin 14-15 – Sophomore 11' Liam Berrin 15-16 – Woody 12'8 Michael Sabarese 12-13

25 Pound Weight Throw:

58' 2.5" Simon Cleary 2009

Freshman 26'2" Matt Drutjons – Sophomore 40' Simon Cleary 06-07

Relay Races:

4x200 Meter: 1:30.51 J.Rachiele-M.DuPlessis-A.Boyce-H.Burrell 2009

Sophomore: 1:36.39 A.Boyce-J.Micheels-J.Hovanec-M.DuPlessis '07-08

Freshman: 1:41.94 M.Reilly-J.Selle-T.Cisek-T.Pamlanye 09-10

4x400 Meter: 3:24.66 P.Rowan-J.Schneider-J.Selle-K.Collins 2013

Sophomore: 3:32.64 M.DuPlessis-A.Boyce-J.Micheels-J.Rivera '07-08

Freshen: 3:43.30 J.Micheels-M.DuPlessis-K.Grell-J.Rivera '06-07

4x800 Meter: 7:48.74 H.Burrell-S.Ferguson-S.Solomon-B.Camenzuli 2011

Sophomore: 8:36.12 H.Burrell-J.Barry-B.Camenzulli-M.Zampariello 08-09

Freshman: 9:07.3 C.Welch-C.Rivera-A.Zigrosser-P.Fiore 09-10

3 Person Shuttle Hurdle: 23.2 E. Pardo-J.Micheels-T.Dulovic 2009

4 Person Shuttle Hurdle: 30.19 E.Pardo- J.Micheels-A.Boyce-A.Mundo 2010

SMR: 3:34.22 J.Quartararo-L.Tillery-T.Bott-R.Boerjes 2004

Sophomore: 3:48.42 T.Pamlanye-J.Selle-K.Collins-P.Fiore 10-11

Freshman: 4:03.16 T.Cisek-J.Selle-M.Reilly-C.Welch 09-10 (4:03.38 in 11-12 + 4:03.58 in 13-14)

DMR: 10:17.32 M.Zampariello-H.Burrell-S.Solomon-B.Camenzuli 2011

Sophomore: 11:16.67 A.Healy – C.Tosun-K.McCormack-P.Kain 15-16

Freshman: 12:35.72 D.Laudenschlager-M.Moellendorf-T.Denlea-C.Tinti 12-13

Freshmen Modified (8-2-4-16): 8:47.12 J.O'Connell-V.Esteves-C.Ramos-P.Fiorillo 16'17

Individual Records in Yards

600 Yard: 1:15.6 Lloyd Gellineau 1981

1000 Yard: 2:17.7 Lloyd Gellineau 1981