

Indoor Track & Field 2018-19 Schedule

UPDATED 11/17/18

DECEMBER 2018

DATE	MEET	LOCATION	TIME	BUS TIME
Saturday 12/1	Developmental	St. Anthony's HS	8:00 am	No Bus
Saturday 12/8	CHSAA Relay Carnival	The Armory	9:00 am	6:50 am
Saturday 12/8	Developmental	St. Anthony's HS	9:00am	No bus
Friday 12/14	Tim St. Lawrence Inv – Top Var	Armory	5pm	TBD
Friday 12/21	NSCHSAA Christmas Classic	St. Anthony's HS	4:30 pm	3:00pm
Saturday 12/29	CHSAA Novice Champs And Varsity Races	Ocean Breeze	9:30 am	7:00 am

JANUARY 2019

DATE	MEET	LOCATION	TIME	BUS TIME
Saturday 1/5	St. Anthony's Dev.	St. Anthony's HS	8:00am	No Bus
Monday 1/7	CHSAA Trials for USATF NATIONALS 4x800's and 4x200's	Ocean Breeze	5:00pm	??
Friday 1/11	Yale University Inv – Top Var	Yale University, Cox Cage	TBD	TBD
Saturday 1/12	Yale University – Top Var	Yale University, Cox Cage	TBD	TBD
Saturday 1/12	Molloy Stanner Games	The Armory	9:00 am	6:50 am
Saturday 1/19	New Balance Games	The Armory	TBD	TBD
Monday 1/21	B+G Fr/Soph League Champs Must stay the whole meet	St. Anthony's HS	9:00 am	No Bus
<u>Sunday 1/27</u>	<u>NSCHSAA League Champs Must stay the whole meet</u>	<u>St. Anthony's HS</u>	<u>9:00 am</u>	No Bus

FEBRUARY 2019

DATE	MEET	LOCATION	TIME	BUS TIME
Friday 2/1 ??	NYU Invitationals One 4x400 team – top 6 CHSAA	Armory	7:00pm	???
Saturday 2/2	Boys CHSAA Frosh/Soph Champs + Varsity Races	Ocean Breeze, Staten Island	9:30 am	7:00 am
<u>Saturday 2/9</u>	<u>CHSAA Champs – State Quals Top Varsity</u>	<u>Ocean Breeze, Staten Island</u>	<u>9:20 am</u>	<u>6:50 am</u>
Friday 2/15	North Shore Pre-Nats	Armory	4:30pm	TBD
Tuesday 2/19	Eastern State Champs	Armory		
Sat 2/23 or Sun 2/24	USATF NATIONALS Finals *Qualify 1/7/19	Ocean Breeze	???	???
Saturday 2/23	L.I. Elite Meet *Qualify Only	St. Anthony's	4:00 pm	No Bus

MARCH 2019

DATE	MEET	LOCATION	TIME	BUS TIME
Saturday 3/2	N.Y.S. Federation Champs *Qualify Only	Ocean Breeze	TBD	Leave Fri
Fri – Sun 3/8-10	High School Nationals *Qualify Only	The Armory and Ocean Breeze	TBD	TBD

Head Coach Boys and Girls:

Coach David Wood

Assistant Coaches:

Coach Garth Joseph, Coach Brian Manghan, Coach Katie McGrath

Boys + Girls Throwing Team Head Coach:

Coach Eric Maurer and Coach Sal Cataldo

e-mail Coach Wood at Coachwoodsjb@aol.com

All the information you will need will be posted at
WWW.coachwood.org and [SJBTrackInfo@twitter.com](https://twitter.com/SJBTrackInfo)