

# Spring Track & Field 2023 Schedule - Updated 3/16/23

## MARCH 2023

DATE	MEET	LOCATION	TIME	BUS TIME
Sat 3/25	CHSAA Season Opener	Icahn Stadium	10:00	7:30am

## APRIL 2023

DATE	MEET	LOCATION	TIME	BUS TIME
Sat 4/1	Boys Longwood Inv	Longwood HS	9:30	7:30am
Sat 4/1	Girls Longwood Inv	Longwood HS	2:00	12:00pm
Wed 4/12	The Easter Classic	St. Anthony's HS	10:00am	No Bus
Sat 4/15	Dennis Walker Relay Showdown	Huntington HS	10:00	8:30
Wed 4/19	Girls Developmental A	Holy Trinity	4:30	3:00
Sat 4/22	Boys at Suffolk Coaches	Commack	9:30am	8:00am
Fri 4/22+Sat 4/23	Girls at Joe Brandi Relays	Connetquot HS	9:30am	No Bus
Sat 4/29	Smithtown Bob Pratt Invitational	Smithtown East HS	9:00am	7:30am

## MAY 2023

DATE	MEET	LOCATION	TIME	BUS TIME
Wed 5/3	NSCHSAA Boys Frosh/Soph Champs	SJB	4:30pm	No Bus
Fri 5/5	St. Anthony's Inv Day 1	St. Anthony's HS	4:00pm	3:00pm
Sat 5/6	St. Anthony' Inv Day 2 Fr/Soph in am – Var after SAT's 2pm	St. Anthony's HS	9:00am	No Bus
Wed 5/10	NSCHSGAA Girls Frosh/Soph Champs	SJB	4:30pm	No Bus
Fri 5/12	The Hellgate Relays	Icahn Stadium	6:00pm	3:00pm
Sat 5/13	CHSAA Boys + Girls Frosh-Soph Champs	Icahn Stadium	9:00am	7:00am
<b>Saturday 5/20</b>	<b>NSCHSAA LEAGUE CHAMPS</b>	<b>St. Anthony's</b>	<b>10:00am</b>	<b>No Bus</b>
<b>Saturday 5/27</b>	<b>CHSAA STATE CHAMPS</b>	<b>Icahn Stadium</b>	<b>9:00am</b>	<b>No Bus</b>

## June 2023

NYState Federations Fri 6/9 – Sat 6/10 – Qualify at CHSAA Champs Only  
e-mail Coach Wood at [Wood@SJBDJS.org](mailto:Wood@SJBDJS.org) with any problems

All the information you should need will be posted at

[WWW.coachwood.org](http://WWW.coachwood.org)