

NSCHSAA Sophomore League Championship + and Open 1.5/2.5 races Wednesday October 19, 2021

Everyone should arrive by 3:45

4:30pm B+G Open 1.5 and 2.5 Race – both start at the same time

2.5 Mile Racers: none for SJB

1.5 Mile Racers: warm up starts at 3:50 so please do not be late

Bellino	D'Andrea	Gannon	McCreery	E.Hamel	SanFilippo	Partkya
8:00 PR 32nd Place SJB History	8:07	8:15 PR	9:16	9:21 PR	9:23 PR	9:44 PR

Miller	Donovan	Stewart	ATW	Savidge	Chan	
9:47 PR	10:00 PR	10:51 PR	10:54	11:11	10:51	

4:45pm Boys Sophomore Champs 2.5 Mile Race: warm up 4:10 – to Start line at 4:30

DeVito	Contreras					
15:36 PR 5th Place	19:49	Out of 24				

5:00 Girls Sophomore Champs 2.5 Mile Race: warm up at 4:25 – to start line at 4:45

Ryan	Hamel	Slattery	Quinn			
18:40 10th Place	18:41 PR 11th Place	19:22 16th Place	20:11 23rd Place	Out of 41		

Varsity runners running the 1.5 – Your warm up is the 2.5 at a normal – not easy – speed
Frosh – your normal warm up

Sophs – your normal warm up

ALL: 20 minutes of running after