

St. John the Baptist Cross Country and Track & Field Team Highlights

Under the direction of Coach Wood (8/2000 – 10/11/2014)



Manhattan Inv.



CHSAA Champs



Cross Country



Winter Track & Field



Spring Track & Field



Millrose Games MSG

17 Nike/New Balance National Scholastic Sports Foundation All Americans

M.Fitzgerald, A.Ortiz, R.Ortiz, D.Harris, J.Rachiele, M.DuPlessis, D.Locher, A.Boyce, E.Pardo, P.Balling, J.Micheels, T.Dulovic, H.Burell, S.Ferguson, S.Solomon, B.Camenzuli, M.Zampariello

37 Varsity School Records Set

2 From Cross Country: Girls 2.5 at VCP (14:52.3) and Girls 5K at Goddard Park, The Brown Invitational Rhode Island (18:01)

17 From Winter: 55m, 55mHH, 200m, 300m, 400m, 500m, 600, 800m, Triple Jump, Weight Throw, 4x200, 4x400, 4x800, 3+4Person Shuttle Hurdle, Sprint Medley, Distance Medley

18 From Spring: 100m, 110mHH, 200m, 400m, 800m, 2000m Steeplechase, Hammer Throw, Triple Jump, 4x100, 4x200, 4x400, 4x800, 800Medley, Mile Medley, 3xand4x110mHH, 3x400mIH, 4000mDMR

2 Catholic State (CHSAA) Records Set - 6 NSCHSAA League Records Set

CHSAA: 4 x 100m Relay (42.46), 4x800m Relay (7:37.93) **League:** 55m, Triple Jump, 1600Medley, 3xShuttle Hurdle Relay, 4xShuttle Hurdle Relay, 4x800m Relay

1 NATIONAL CATHOLIC HIGH SCHOOL RECORD - 4x800 meter relay 7:37.93, 2011

81 SJB XC/T&F Alumni have gone on to run in college since 2001: **42-Div I, 16-Div II, 22-Div III**

4 Catholic State Team Championships (Girls XC) – 6 NSCHSAA Team Championships (5 Girls XC + 1 Boys WT)

50 Individual League Champions since 2001: 22 in Winter Track and 28 in Spring Track

11 Individual Catholic State Champions since 2001: 7 in Winter Track and 4 in Spring Track

13 Catholic State Relay Championships since 2001: 7 in Winter Track and 6 in Spring Track

4 Valedictorians - 4 Salutatorians – 2 News12 Scholar Athletes - 6 NSCHSAA XC League Scholar Athletes

Coach Wood has been named Coach of the Year 9 Times:

Girl's XC: 2003-2005-2006-2007-2008-2009

Boy's Track & Field: 2003-2007-2009

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