

St. John the Baptist Cross Country and Track & Field Team Highlights

Under the direction of Coach Wood (8/2000 – 7/2017)

Boys Cross Country + Track & Field: 8/2000 – Present

Girls: XC 8/2001 – 11/2010 + 8/14 – Present - Girls Track & Field: 11/2001 – 6/2003 + 11/2014 – Present



Manhattan Inv.



CHSAA Champs



Cross Country



Winter Track & Field



Spring Track & Field



Millrose Games MSG

17 Nike/New Balance National Scholastic Sports Foundation All Americans

M.Fitzgerald, A.Ortiz, R.Ortiz, D.Harris, J.Rachiele, M.DuPlessis, D.Loche, A.Boyce, E.Pardo, P.Balling, J.Micheels, T.Dulovic, H.Burell, S.Ferguson, S.Solomon, B.Camenzuli, M.Zampariello

44 Varsity School Records Set

2 From Cross Country: Girls 2.5 at VCP (14:52.3) and Girls 5K at Goddard Park, The Brown Invitational Rhode Island (18:01)

17 From Winter: B: 55m, 55mHH, 200m, 300m, 400m, 500m, 600, 800m, Triple Jump, Weight Throw, 4x200, 4x400, 4x800, 3+4Person Shuttle Hurdle, Sprint Medley, Distance Medley
G: 1000m, HJ

25 From Spring: B:100m, 110mHH, 200m, 400m, 800m, 2000m Steeplechase, Hammer Throw, Triple Jump, 4x100, 4x200, 4x400, 4x800, 800Medley, Mile Medley, 3xand4x110mHH, 3x400mIH, 4000mDMR, SP
G: 2000SC, HJ, Swedish Relay, Mile Medley Relay, SP

2 Catholic State (CHSAA) Records Set - 6 NSCHSAA League Records Set

CHSAA: 4 x 100m Relay (42.46), 4x800m Relay (7:37.93) **League:** 55m, Triple Jump, 1600Medley, 3xShuttle Hurdle Relay, 4xShuttle Hurdle Relay, 4x800m Relay

1 NATIONAL CATHOLIC HIGH SCHOOL RECORD - 4x800 meter relay 7:37.93, 2011

100 SJB XC/T&F Alumni have gone on to run in college since 2001: **48-Div I, 22-Div II, 30-Div III**

4 Catholic State Team Championships (Girls XC) – **6** NSCHSAA Team Championships (5 Girls XC + 1 Boys WT)

75 Individual League Champions since 2001: 3 in Cross Country, 31 in Winter Track and 41 in Spring Track

15 Individual Catholic State Champions since 2001: 2 in Cross Country, 7 in Winter Track and 6 in Spring Track

15 Catholic State Relay Championships since 2001: 8 in Winter Track and 7 in Spring Track

5 Valedictorians - **5** Salutatorians – **3** News12 Scholar Athletes - **8** NSCHSAA XC League Scholar Athletes

Coach Wood has been named Coach of the Year 11 Times:

Girl's XC: 2003-2005-2006-2007-2008-2009/Boy's Track & Field: 2003-2007-2009-**2016/Boys XC: 2016**

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